

Resource Directory

for Children and Families



Kids Free to Grow is the Child Abuse
Prevention Council for York County

kidsfreetogrow.org

Mission Statement

To prevent child abuse and neglect by empowering children and families in York County.

Kids Free to Grow, is a community based non-profit organization committed to the prevention of child abuse and neglect in all forms throughout the County.

York County Resource Directory for Children and Families

A publication of:



57 Portland Road Unit #4, Kennebunk, ME 04043
Telephone (207) 985-5975 Fax (207) 985-1758

www.kidsfreetogrow.org

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This resource manual is designed to inform those who work directly with York County families and children at risk.

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General Assistance

Temporary assistance with fuel, utilities, food, housing, non-medical necessities, and basic services essential to maintain a household.






ACTON	207-636-3131 X401
ALFRED	207-324-5872 X207
ARUNDEL	207-985-4201
BERWICK	207-698-1101 X116
BIDDEFORD	207-284-9514
BUXTON	207-929-5191
CORNISH	207-625-4324
DAYTON	207-499-7526
ELIOT	207-439-1813 X108
HOLLIS	207-929-8552
KENNEBUNK	207-985-2102 X1342
KENNEBUNKPORT	207-967-4401
KITTERY	207-475-1313
LEBANON	207-457-6082
LIMERICK	207-793-2166 X7
LIMINGTON	207-637-2171
LYMAN	207-206-5183
NEWFIELD	207-233-2595
NORTH BERWICK	207-676-3353 X1
OGUNQUIT	207-646-5139
OLD ORCHARD BEACH	207-934-5714 X1537
PARSONSFIELD	207-625-4558
SACO	207-282-8206
SANFORD	207-324-9110
SHAPLEIGH	207-636-2843 X401
SOUTH BERWICK	207-384-3300 X112
WATERBORO	207-247-6166 X114
WELLS	207-361-8866
YORK	207-363-5504

York County Services Listing





AL-ANON/ ALATEEN

-  **PHONE** (207) 284-1844 or 800-498-1844
-  **WEBSITE** www.maineafg.org
-  **SERVICES** AL-ANON is a support program for family and friends who are affected by another's drinking. ALATEEN for younger family members and friends. Call for locations and times in your area.





ALCOHOLICS ANONYMOUS

-  **PHONE** 24/7 Hotline 1-800-737-6237 or 207-774-4335
-  **WEBSITE** www.csoaamaine.org
-  **EMAIL** cso@csoaamaine.org
-  **ADDRESS** Central office: 47 Portland St, Portland ME 04101
-  **SERVICES** Offers support and self-help in recovery. Androscoggin, Aroostook, Cumberland, Franklin, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Sagadahoc, Somerset, Waldo, Washington, York counties.





AMERICAN CIVIL LIBERTIES UNION OF MAINE

-  **PHONE** 207-774-5444
-  **WEBSITE** www.aclumaine.org
-  **ADDRESS** 121 Middle St, Suite 200 Portland, ME 04101
-  **SERVICES** Defends Voting rights, immigrants' rights, reproductive freedom, freedom of speech and religion, and equality through advocacy, litigation, public education, lobbying; acceptable cases pursued by the agency almost always involve the government.





AMERICAN RED CROSS-SOUTHERN MAINE CHAPTER REGIONAL HEADQUARTERS

-  **PHONE** 207-874-1192
-  **WEBSITE** www.redcross.org/local/maine
-  **ADDRESS** 2401 Congress St, Portland, ME 04102
-  **SERVICES** Relief to families hit hard by fire, floods, winter storms and other natural disasters. As well as safety education courses.






AUTISM SOCIETY OF MAINE

-  **PHONE** 1-800-273-5200
 **WEBSITE** www.asmonline.org
 **ADDRESS** 72B Main St, Winthrop, ME 04364
 **SERVICES** The Autism Society of Maine provides education and resources to support the valued lives of individuals on the autism spectrum and their families.




AVESTA HOUSING

-  **PHONE** 207-553-7777
 **WEBSITE** www.avestahousing.org
 **ADDRESS** 307 Cumberland Ave. Portland, Maine 04101
 **SERVICES** Avesta Housing improves lives and strengthens communities by promoting and providing quality affordable homes for people in need.



BIDDEFORD ADULT EDUCATION

-  **PHONE** 207-282-3883
 **WEBSITE** biddeford.maineadulted.org
 **EMAIL** adulted@biddefordschooldepartment.org
 **ADDRESS** PO Box 624, 64 West St, Biddeford, ME 04005
 **SERVICES** HiSet (GED) courses, Personal enrichment courses, and Business & Skills training.





BON APPETITE MEALS PROGRAM

-  **PHONE** 207-283-0380
 **ADDRESS** 19 Crescent Street, Biddeford, ME 04005
 **SERVICES** Meal program, Monday-Friday 4:30-5:30



BOY SCOUTS OF AMERICA

-  **PHONE** 207-797-5252
 **EMAIL** scoutinfo@pinetrebebsa.org





CAREER CENTER - SPRINGVALE

-  **PHONE** (207) 324-5460 or 1-800-343-0151
 **WEBSITE** www.mainecareercenter.gov
 **ADDRESS** 9 Bodwell Court, Springvale, ME 04083
 **SERVICES** Maine Career Centers provide a variety of employment and training services at no charge for Maine workers and businesses.





CARELINK

-  **PHONE** 1-888-917-1100 or 207-324-0735
 **ADDRESS** 26 Amherst Street/PO Box 1389, Sanford, ME 04073





CARING UNLIMITED - YORK COUNTY

-  **PHONE** 207-490-3227 or 24/7 hotline 800-239-7298
 **WEBSITE** www.caring-unlimited.org
 **ADDRESS** PO Box 590 Sanford, ME 04073
 **SERVICES** Domestic violence support and support services for women, their children, and men.





CARLISLE ACADEMY INTEGRATIVE EQUINE THERAPY & SPORTS

-  **PHONE** 207-985-0374
 **WEBSITE** www.carlisleacademymaine.com
 **EMAIL** info@carlisleacademymaine.com
 **SERVICES** Equine assisted therapy and activities





CATHOLIC CHARITIES MAINE

-  **PHONE** 207-781-8550 or 1-800-781-8550
 **WEBSITE** www.ccmaine.org
 **ADDRESS** P.O. Box 10660, Portland, ME 04104-6060
 **SERVICES** Support & Recovery, Children's Case Management, Education Services for Blind & Visually Impaired Children (ESBVIC), CCM Child Development Centers




CENTER FOR GRIEVING CHILDREN-SANFORD

-  **PHONE** 207-775-5216
 **WEBSITE** www.cgcmaine.org
 **ADDRESS** North Parish Congregational Church, UCC 893 Main Street Sanford, ME 04073
 **SERVICES** For children and families who have lost someone close to them.





CHILDREN'S ADVOCACY CENTER

-  **PHONE** 207-459-2380
 **WEBSITE** www.yorkcountymaine.gov/cac
 **ADDRESS** 45 Kennebunk Rd. Alfred, ME 04002
 **SERVICES** A CAC is a safe, child-friendly, and neutral space where a child is brought following concern or allegation of sexual abuse.


CDS YORK COUNTY

-  **PHONE** 207-985-7861
 **WEBSITE** www.maine.gov/education/speced/cds
 **ADDRESS** 39 Limerick Road Arundel, ME 04046 Services: Early intervention and special education programming in gross/fine motor skills, cognitive skills, speech & language skills, social/emotion skills, and adaptive skills.





ST. ANDRE HOME- PARENTING EDUCATION

-  **PHONE** 207-282-3351
 **WEBSITE** www.centerforparentingandplay.org
 **ADDRESS** 168 Prospect Street Biddeford, ME 04005
 **SERVICES** Children from birth through 6 years of age. Children's mental health services include play therapy and child-parent psychotherapy.





COMMUNITY DENTAL-BIDDEFORD

-  **PHONE** 207-282-1305
 **WEBSITE** www.communitydentalme.org
 **ADDRESS** 57 Barra Road Robert G. Dodge Business Park, Suite 3 Biddeford, ME 04005
 **SERVICES** General dentistry services include initial and periodic exams




COMMUNITY PARTNERS, INC

-  **PHONE** 207-282-7113
 **WEBSITE** www.cpime.org
 **ADDRESS** 443 Main Street, PO Box 363, Biddeford, ME 04005
 **SERVICES** A 501(c)3 non-profit providing direct support services to adults with developmental and other intellectual disabilities. Programs provide residential, independent living, health care, personal and vocational supports. Individuals are supported residentially with a variety of housing options, ranging from supported independent living to licensed facilities in communities throughout Southern and Central Maine.





CONNECTIONS FOR KIDS

-  **PHONE** 207-854-1030
 **WEBSITE** www.connectionsforkids.org
 **ADDRESS** 100 Gannett Drive, South Portland, ME 04106
 **SERVICES** Day treatment, School Based, Kittery Academy, Child and Adult services.




MAINE BEHAVIORAL HEALTH CARE

-  **PHONE** 207-324-1500
 **ADDRESS** 474 Main Street Springvale, Maine 04083
 **SERVICES** Outpatient counseling, trauma care, case management, psychiatric care





CRISIS RESPONSE SERVICES

-  **PHONE** 1-888-568-1112
 **WEBSITE** www.mainebehavioralhealthcare.org
 **ADDRESS** Crisis Response Services, 2 Springbrook Dr, Biddeford ME 04005
 **SERVICES** Serving Southern and Mid-Coast Maine with a range of emergency care 24 hours a day, seven days a week, 365 days a year. The 1-888-568-1112 Statewide Crisis Line connects you to a trained and caring professional who will ask you the reason for your call and how you are feeling.





CROSSROADS FOR WOMEN

-  **PHONE** Greater Portland Counseling Center: 877.694.9062
Kennebunk Counseling Center: 207.467.3369
Residential Intakes: 877.694.9062, ext. 120
 **WEBSITE** www.crossroadsme.org
 **SERVICES** Crossroads provides gender-responsive addiction and behavioral health treatment services in a safe and respectful environment so individuals and families can lead healthy lives.





CUMBERLAND LEGAL AID CLINIC

-  **PHONE** 877-780-2522
 **WEBSITE** www.maine.gov/public-service/clac/
 **ADDRESS** 246 Deering Avenue, Portland, ME 04102
 **SERVICES** If you are seeking legal help from the Clinic, you can call us between 8:00 a.m. and 4:30 p.m., Monday through Friday, to see if we have any current openings.





DAY ONE: OUTPATIENT & PREVENTION – MAIN OFFICE

-  **PHONE** 207-874-1045 x115
 **WEBSITE** www.day-one.org
 **ADDRESS** 525 Main Street South Portland, ME 04106
 **SERVICES** Day One is the only designated Center of Excellence dealing exclusively with adolescents. Services include training and education, assessment, screening, referrals, and treatment for individuals, groups, families, schools, and communities throughout Maine





DEVELOPMENTAL THERAPY PROGRAM - WABAN DAY SERVICES

	PHONE	207-490-6849
	WEBSITE	www.waban.org
	ADDRESS	779 County Club Road Sanford, ME 04073
	SERVICES	A year-round program with morning and afternoon sessions providing developmental therapy to children ages two and a half to five years old.





DHHS BIDDEFORD DISTRICT OFFICE

	PHONE	207-286-2400
	WEBSITE	www.maine.gov/dhhs/OIAS/offices/biddeford.html
	ADDRESS	208 Graham Street Biddeford, ME 04005
	SERVICES	Food stamps, TANF, medical assistance including MaineCare and Cub Care, emergency assistance, ASPIRE, child support enforcement, initial financial application for child care subsidy/ vouchers, Parents as Scholars, information, and referral.





DHHS SANFORD DISTRICT OFFICE

	PHONE	207-490-5400
	WEBSITE	www.maine.gov/dhhs/OIAS/offices/sanford.html
	ADDRESS	890 Main Street Suite 208 Sanford, ME 04027
	SERVICES	Food stamps, TANF, medical assistance including MaineCare and Cub Care, emergency assistance, ASPIRE, child support enforcement, initial financial application for child care subsidy/ vouchers, Parents as Scholars, information, and referral.






DISABILITY RIGHTS OF MAINE

	PHONE	800-452-1948
	WEBSITE	www.drme.org/
	ADDRESS	24 Stone St, Suite 204 Augusta, Maine 04330
	SERVICES	Disability rights of Maine promotes the equality, self determination, independence, productivity, integration, and inclusion of people with disabilities through education, strategic advocacy, and legal intervention.





EARLY HEAD START - YORK COUNTY COMMUNITY ACTION CORPORATION

	PHONE	207-324-5762
	WEBSITE	www.yccac.org/index.php/early-head-start
	ADDRESS	Call or visit website for locations
	SERVICES	Early Head Start is a federally-funded community-based program for low-income families with infants and toddlers.





EATING DISORDER ASSOCIATION OF MAINE

-  **PHONE** (207) 781-5445
-  **WEBSITE** www.maineeatingdisorders.org
-  **EMAIL** info@maineeatingdisorders.org
-  **ADDRESS** 87 Woodlands Drive Falmouth, ME 04105
-  **SERVICES** Please note that EDAM is not a treatment provider for those with eating disorders, or a crisis response resource, and this website is not meant to replace treatment. Please use our Treatment Providers tab to connect with a therapist, dietitian, medical professional, or program.




ESTHER RESIDENCE

-  **PHONE** 207-283-0323
-  **WEBSITE** www.estherresidence.org
-  **ADDRESS** 27 Thornton Avenue Saco, Maine 04072
-  **SERVICES** Transitional living service assists in post-incarceration re-entry through sober living support, life skills, recreation, recovery work, and employment.





FAMILIES FIRST HEALTH AND SUPPORT CENTER

-  **PHONE** 603-422-8208
-  **WEBSITE** www.familiesfirstseacoast.org
-  **ADDRESS** 100 Campus Drive, Suite 12 Portsmouth, NH 03801-5892
-  **SERVICES** Families First offers high-quality health care, dental care, and parent and family programs, all in one location. Serving the Seacoast region of New Hampshire and southern Maine.

FIRST STEPS CHILDCARE

-  **PHONE** 207-490-9712 Website: www.sanford.maineadulted.org
-  **ADDRESS** 21 Bradeen St. Suite 201 Springvale, ME 04083
-  **SERVICES** First Steps provides very affordable daytime childcare services to students participating in SCAE's high school completion and certificate programs. Children aged six weeks and up are eligible to attend.





FOOD ADDICTION CHEMICAL DEPENDENCY CONSULTANTS - BIDDEFORD

-  **PHONE** 207-229-5383
-  **WEBSITE** www.addictiontreatmentplus.com
-  **ADDRESS** 5 Alfred Street Biddeford, ME 04005
-  **SERVICES** Independent counselors treat addiction related disorders including drugs, alcohol, food, and sex; outpatient group, couples, and family mental health treatment.





FOSTER GRANDPARENT PROGRAM - THE OPPORTUNITY ALLIANCE

-  **PHONE** 207-523-5049






MAINEHOUSING HOME ASSISTANCE PROGRAMS COMMUNITY CONCEPTS, INC.

-  **PHONE** 207-743-7716 or 800-866-5588
-  **WEBSITE** www.opportunityalliance.org/programs/community-initiatives/senior-volunteer-programs/
-  **ADDRESS** 510 Cumberland Ave. Portland, ME 04101
-  **SERVICES** Volunteers provide 1-to-1 guidance for children with learning disabilities, children requiring assistance in academic subjects, and children in need of individual attention, nurturing, and support; volunteer opportunities.




FUTURE BUILDERS SCHOOL

-  **PHONE** (207) 655-1000
-  **WEBSITE** www.futurebuildersschool.com
-  **ADDRESS** 33 Twin Pines Rd, Raymond, ME 04071
-  **SERVICES** A certified private school providing hands-on approach to teach academic, employment, and personal-social competencies in the context of real-world themes, projects, and vocational clusters. Call for more in-formation.





G.E.A.R PARENT NETWORK

-  **PHONE** 1-800-264-9224
-  **WEBSITE** www.gearparentnetwork.org
-  **EMAIL** cseekins@crisisandcounseling.org.
-  **ADDRESS** 10 Caldwell Road Augusta, ME 04330
-  **SERVICES** A support group for parents and caregivers of children with behavioral health and emotional needs offers opportunities for parent-to-parent sharing of experiences. Call for details.





GIRL SCOUTS OF MAINE- SOUTH PORTLAND

-  **PHONE** 888-9224763
-  **WEBSITE** www.girlscoutsofmaine.org
-  **EMAIL** customercare@gsmaine.org





GOODWILL STORE AND DONATION CENTER - BIDDEFORD

-  **PHONE** 207-282-1998
-  **WEBSITE** www.goodwillnne.org
-  **ADDRESS** 5 Points Shopping Center, Biddeford, ME 04005
-  **SERVICES** Clothes, accessories, footwear, children's merchandise, home decor, household items; computers and computer components accepted to be recycled; donations accepted.





GOVERNOR BAXTER SCHOOL FOR THE DEAF

	PHONE	207-781-6284
	WEBSITE	www.mecdhh.org/governor-baxter-school-for-the-deaf
	ADDRESS	1 Mackworth Island, Falmouth, ME 04105
	SERVICES	Infant through high school education, community-based education, residential program; support services include speech and language therapy, occupational therapy, physical therapy, psychology, social work, audiology, and nursing services.





GREAT WORKS FAMILY PRACTICE ASSOCIATES OF YORK HOSPITAL

	PHONE	207-384-9212
	WEBSITE	www.yorkhospital.com
	ADDRESS	57 Portland Street, South Berwick, Maine 03908
	SERVICES	General medicine, pediatric care, adolescent care, gynecology, behavioral health.





HABITAT FOR HUMANITY YORK COUNTY HOUSING SERVICES

	PHONE	207-985-4850
	WEBSITE	www.habitatyorkcounty.org
	ADDRESS	4 Industrial Drive, Kennebunk, ME 04043
	SERVICES	Call, email or visit website for information on how to apply and specific requirements.




HEARTS AND HORSES THERAPEUTIC RIDING CENTER

	PHONE	207-929-4700
	WEBSITE	www.heartsnhorses.org
	ADDRESS	63 Justin Merrill Road Buxton, Maine 04093
	SERVICES	Equine-assisted therapy





HOPE RISING - SAINT ANDRE HOME

	PHONE	207-282-3351
	WEBSITE	www.saintandrehome.org
	ADDRESS	168 Prospect St, Biddeford, ME 04005
	SERVICES	Residential treatment program and rehabilitative care including individual and group counseling, substance abuse treatment, Family and pregnancy counseling.




HOSPICE - YORK HOSPITAL

	PHONE	207-351-2194
	WEBSITE	www.yorkhospital.com/services/home-care-and-hospice/
	ADDRESS	127 Long Sands Rd, York, ME 03909





IMMIGRANT LEGAL ADVOCACY PROJECT

	PHONE	207-780-1593
	WEBSITE	www.ilapmaine.org Email: info@ilapmaine.org
	ADDRESS	309 Cumberland Ave, Suite 201 Portland ME 04101
	SERVICES	Attorney consultations and referrals, immigration clinic, full legal representation on immigration matters. Call or email for more information.





KENNEBUNKPORT PUBLIC HEATH DEPARTMENT

	PHONE	207-967-4401
	WEBSITE	www.kennebunkportme.gov/public-health-department
	SERVICES	assist the residents and guests of Kennebunkport with meeting their health and social service needs. The Public Health Department staff strives to improve the quality of life. Call or check email for services.





KIDS FREE TO GROW

	PHONE	207-985-5975
	WEBSITE	www.kidsfreetogrow.org
	ADDRESS	57 Portland Rd. Unit 4 Kennebunk, ME 04043
	SERVICES	Kids Free to Grow is the Child Abuse Prevention Council for York County. Kids Free to Grow offers school-based programs to educate children and professionals, and family programs offering parenting programs in a group setting.





KIDS FIRST CENTER

	PHONE	207-761-2709
	WEBSITE	www.kidsfirstcenter.org
	ADDRESS	222 Saint John St, Suite 101 Portland, ME 04102
	SERVICES	Provides support services to families of divorce and separation. Offers co-parenting and divorce support groups for parents and children. Call for more information.



LAWYER REFERRAL SERVICE

	PHONE	800-860-1460
	WEBSITE	www.mainebar.org
	ADDRESS	P.O Box 788 Augusta, ME 04332
	SERVICES	Statewide assistance in finding information, resources, and an appropriate attorney; legal information




LEARNING WORKS

	PHONE	207-775-0105
	WEBSITE	www.learningworks.me
	ADDRESS	181 Brackett St, Portland, ME 04102
	SERVICES	Afterschool, summer program, outpatient therapy, case management, and youth education.



LITERACY VOLUNTEERS OF GREATER-SACO-BIDDEFORD AND SANFORD

-  **PHONE** 207-283-2954
-  **SERVICES** 1-on-1 tutoring in reading, writing, math, computing, life skills such as using online banking, and English for Speakers of Other Languages. Call for more information.





MAINE BEHAVIORAL HEALTHCARE

-  **PHONE** 1-844-292-0111
-  **WEBSITE** www.mainebehavioralhealthcare.org
-  **SERVICES** Our goal is to coordinate preventive, specialty, emergency, hospital, and post-hospital care to achieve the best clinical outcomes for greater efficiencies and cost savings. Our network serves the Maine counties of Cumberland, York, Knox, Lincoln, Sagadahoc, Waldo, Oxford, Androscoggin, Franklin, Kennebec, and Somerset.





MAINEHEALTH CARE AT HOME

-  **PHONE** 1-866-255-8744
-  **WEBSITE** www.mainehealth.org/homehealth





MAINE CHILDREN'S ALLIANCE

-  **PHONE** 207-623-1868
-  **EMAIL** Mainekids@mekids.org
-  **ADDRESS** 331 State Street Augusta, Maine 04330
-  **SERVICES** Inform, empower and inspire parents and providers, practitioners and organizations, and advocates and policy makers to make Maine a better place to be a kid.




MAINE CHILDREN'S CANCER PROGRAM

-  **PHONE** 207-396-7565
-  **WEBSITE** www.mainemedicalpartners.org/maine-childrens-cancer-program
-  **ADDRESS** 100 Campus Drive, Suite 107 Scarborough, ME 04074
-  **SERVICES** The Maine Children's Cancer Program team treats all types of childhood cancers.





MAINE FAMILIES YORK COUNTY

-  **PHONE** 207-490-7852
-  **EMAIL** TJGolet@smhc.org
-  **ADDRESS** 25 June St. Sanford, Maine 04073
-  **SERVICES** Maine Families is a statewide network of community teams serving the needs of pregnant women and parents with newborns.




MAINE MEDICAL CENTER

-  **PHONE** 207-662-0111
-  **WEBSITE** www.mmc.org
-  **SERVICES** See website or call for more details of medical services.
Medical, surgical, maternity, pediatrics, emergency, intensive care, social services, rehabilitation and mental health services.






MAINE STATE HOUSING AUTHORITY

-  **PHONE** 207-626-4600
-  **WEBSITE** www.mainehousing.org
-  **ADDRESS** 353 Water Street, Augusta ME 04330
-  **SERVICES** Homebuyer program, home improvement and repair assistance, rental assistance, energy and heating assistance, and homeless assistance.




MERCY HOSPITAL'S- NEW ENGLAND EATING DISORDERS PROGRAM

-  **PHONE** 207-879-3000
-  **WEBSITE** www.mercyhospital.org/specialty-practices/new-england-eating-disorders-need-program
-  **SERVICES** Inpatient, Partial Hospitalization, Intensive Outpatient, and Outpatient for Adolescents and Adults.





MORRISON CENTER

-  **PHONE** 207-883-6680
-  **WEBSITE** www.morrison-maine.org
-  **EMAIL** info@morrison-maine.org
-  **ADDRESS** See website for all three locations.
-  **SERVICES** Morrison Center's mission is to provide comprehensive program-ming, individualized supports, and employment services for people of all ages with disabilities within a dynamic learning environment to empower its consumers and students to achieve maximum personal growth and independence.





NATIONAL RUNAWAY SWITCHBOARD

-  **PHONE** 1-800-786-2929
-  **WEBSITE** www.1800runaway.org
-  **SERVICES** hotline, crisis intervention





NASSON HEALTH CARE MEDICAL SERVICES

-  **PHONE** 207-490-6900
-  **WEBSITE** www.nassonhealthcare.org
-  **ADDRESS** 15 Oak Street, Springvale, ME 04083
-  **SERVICES** Medical, dental and behavioral health services.




NEW ENGLAND EATING DISORDER PROGRAM-SWEETSER

-  **PHONE** 1-800-434-3000
 **WEBSITE** www.sweetser.org
 **ADDRESS** 50 Moody Street Saco, ME 04072
 **SERVICES** Physiological, psychological, social, and spiritual needs are assessed with individual treatment plans developed and implemented; range of treatment settings to best match the intensity of care required to meet patient need.




NEW VENTURES MAINE-SACO/BIDDEFORD

-  **PHONE** 207-286-1722
 **WEBSITE** www.newventuresmaine.org
 **ADDRESS** 4 Scamman Street, Saco, ME 04072
 **SERVICES** Businesses, and managing money; leadership programs.





NORTHERN NEW ENGLAND POISON CENTER

-  **PHONE** 1-800-222-1222
 **WEBSITE** www.nnepc.org
 **SERVICES** 24-hour poison emergency and information help line, available at 1-800-222-1222, by online chat or by texting POISON to 85511





OPEN HANDS, OPEN HEART

-  **PHONE** 207-468-1305
 **ADDRESS** 67 Ocean Park Road, Saco, ME 04072
 **SERVICES** Gently used clothing for children. Residents of Saco with children from birth through 11 years of age who meet Income Eligibility Guidelines.





OPERATION BLESSING, INC

-  **PHONE** 603-430-8561
 **WEBSITE** www.operationblessingnh.org
 **ADDRESS** 600A Lafayette Road, Portsmouth, NH 03801
 **SERVICES** Clothing, food pantry, household items, and recreation center.





OUTRIGHT - LEWISTON/AUBURN

-  **PHONE** 207-795-4077
 **WEBSITE** www.outrightla.org
 **ADDRESS** 169 Pleasant Street, Auburn, ME 04210
 **SERVICES** Weekly drop-in, information, and referral, emotional support, educational workshops, recreation.





PINETREE LEGAL - PORTLAND

	PHONE	207-774-8211
	WEBSITE	www.ptla.org
	ADDRESS	88 Federal Street, Portland, ME 04101
	SERVICES	Non-criminal legal assistance with housing, welfare benefits, DHHS, domestic violence, tax problems with IRS, foreclosure/predatory lending, Medicaid and access to health care, special education, consumer problems, property tax abatement for low-income homeowners, job training, and ASPIRE/Parents as Scholars; accept referrals for Maine Attorneys Saving Homes foreclosure assistance



PLANNED PARENTHOOD OF NORTHERN NEW ENGLAND

	PHONE	866-476-1321
	WEBSITE	www.plannedparenthood.org/health-center/ME
	ADDRESS	281 Main St, Biddeford or 886 Main St. Sanford
	SERVICES	General health care, TDap vaccines, birth control services, HIV testing and diagnosis, STD testing and treatment men's health care, emergency contraception, pregnancy testing and services, women's health care; sex education resources for teens, parents, and educators.





PREBLE STREET JOE KREISLER TEEN SHELTER

	PHONE	207-775-0026
	WEBSITE	www.preblestreet.org
	ADDRESS	38 Preble Street, Portland, ME 04101
	SERVICES	Housing services, Advocacy programs. Resource center, teen services, and food programs.

PORTSMOUTH NAVAL SHIPYARD SERVICES

	WEBSITE	www.navywmrportsmouthshipyard.com/child-youth
	SERVICES	Child development Center, Youth Center, and School Liaison program. See website for more details.



PORTSMOUTH REGIONAL HOSPITAL

	PHONE	603-436-5110
	WEBSITE	www.portsmouthhospital.com
	ADDRESS	333 Borthwick Ave, Portsmouth, NH 03801
	SERVICES	Allergy services, behavioral health, cancer care, diabetes care, emergency care, Integrative care, Intensive care, nutritional services, pediatric care, pregnancy and birth services,





RAPE CRISIS CENTER (See Sexual Assault Response Services)

REFUGEE AND IMMIGRATION SERVICES - CATHOLIC CHARITIES





Portland Office

 **PHONE** 207-871-7437
 **ADDRESS** 80 Sherman Street, Portland, ME 04101





Lewiston Office

 **PHONE** 207-344-6615
 **ADDRESS** 27 Pine Street, Lewiston, ME 04240
 **WEBSITE** www.ccmaine.org/refugee-immigration-services
 **SERVICES** Case management, Elder services, Employment services, Translation services, Mentoring programs, Legal services.





SACOPEE VALLEY HEALTH CENTER

 **PHONE** 207-625-8126
 **WEBSITE** www.svhc.org
 **ADDRESS** 70 Main Street, Porter, Maine 04068
 **SERVICES** Family Medical Care, Pediatrics, Osteopathic Manipulative Therapy, Integrated Primary Care, Referrals to Specialty Care. Mental Health Counseling, Psychiatry, Substance Abuse Counseling.





SALVATION ARMY - SANFORD

 **PHONE** 207-324-3134
 **WEBSITE** www.nne.salvationarmy.org/Sanford
 **ADDRESS** 871 Main Street, Sanford, ME 04073
 **SERVICES** Offers material assistance, group activities, and recreational, developmental programs.





SANFORD COMMUNITY ADULT EDUCATION

 **PHONE** 207-490-5145
 **WEBSITE** www.sanford.maineadulted.org
 **ADDRESS** 21 Bradeen Street Suite 201, Springvale, ME 04083
 **SERVICES** HiSet (GED) courses, Personal enrichment courses, and Business and Skills training.





SANFORD HOUSING AUTHORITY

 **PHONE** 207-324-6747
 **WEBSITE** www.sanfordhousing.org
 **ADDRESS** 17 School Street PO Box 1008, Sanford, ME 04073
 **SERVICES** Sanford Housing Authority serves Sanford, Springvale and the surrounding towns of Alfred, Kennebunk, Lebanon, North Berwick, Wells, Shapleigh, and Acton. The primary objective of the Sanford Housing Authority is to provide housing assistance to residents in our jurisdiction.




THE SCHOOL AT SWEETSER - SACO

-  **PHONE** 1-800-434-3000
-  **WEBSITE** www.sweetser.org/school.php
-  **ADDRESS** 50 Moody Street, Saco, ME 04072
-  **SERVICES** The Schools at Sweetser offer an exceptional special education experience for youth, ages 5 to 20. The goal of The Schools is to help students gain the skills they need to return to a public school setting.





SEXUAL ASSAULT RESPONSE SERVICES OF SOUTHERN MAINE

-  **PHONE** 1-800-313-9900 (24 Hour Crisis & Support Line)
-  **WEBSITE** www.sarsonline.org
-  **ADDRESS** P.O. Box 1371 Portland, ME 04104
-  **SERVICES** Provides advocacy, support, education and prevention services to meet the needs of the Southern Maine region.





SMART CHILD & FAMILY SERVICES

-  **WEBSITE** www.smartcfs.org
-  **ADDRESS** 15 York St. Biddeford, ME 04005
-  **SERVICES** Offers substance use recovery services, med management, children's behavioral health services





SOUTHERN MAINE HEALTH CARE

-  **PHONE** 866-436-6168
-  **WEBSITE** www.smhc.org
-  **ADDRESS** Locations in Biddeford, Kennebunk, Saco, Sanford, Waterboro
-  **SERVICES** SMHC provides a full array of health and emergency services.





SOUTHERN MAINE PARENT AWARENESS - A PROGRAM OF WABAN

-  **PHONE** 207-324-2337
-  **WEBSITE** www.somepa.org
-  **ADDRESS** 5 Dunaway Drive, Sanford, Maine 04073
-  **SERVICES** Referral support and education to families who have children and youth with special needs throughout Maine.





SPRING HARBOR HOSPITAL - MAINE HEALTH

-  **PHONE** To Refer a Patient: 1-866-857-6644
For more information: 207-761-2200
-  **WEBSITE** www.springharbor.org
-  **ADDRESS** 123 Andover Road, Westbrook, Maine 04092
-  **SERVICES** Spring Harbor Hospital offers people in mental health crisis high-quality, focused treatment on facilitating their ongoing recovery.





SPURWINK CHILD ABUSE PROGRAM

-  **PHONE** 800-260-6160
 **WEBSITE** www.spurwink.org
 **ADDRESS** 17 Bishop Street, Portland, ME 04103
 **SERVICES** Offers diagnostic and treatment services for abused children and their families.



SPURWINK

-  **PHONE** 1-888-8889-3903
 **WEBSITE** www.spurwink.org
 **EMAIL** info@spurwink.org
 **SERVICES** Spurwink provides behavioral health and education services for children, adults, and families.




ST. ANDRE HEALTH CARE

-  **PHONE** 207-282-5171
 **WEBSITE** www.standre.org
 **ADDRESS** 407 Pool Street, Biddeford, ME 04005
 **SERVICES** For Maine families seeking a range of care, including; Rehabilitation, Short-Term Respite Care, Long-Term Nursing Care, and Hospice Care.





SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES

-  **WEBSITE** www.maine.gov/dhhs/samhs/osa/
 **SERVICES** Whether you are someone seeking services for yourself or a loved one, an employer looking for workplace solutions, a school system looking at your community's latest student data, or a student doing re-search for a paper, we hope you will find this web site useful and in-formative.





SUSAN CURTIS FOUNDATION (CAMP SUSAN CURTIS)

-  **PHONE** 207-774-1552
 **WEBSITE** www.susancurtisfoundation.org
 **SERVICES** The mission of the Susan L. Curtis Charitable Foundation and Camp Susan Curtis is to ensure that economically disadvantaged Maine youth develop the individual character, self-confidence, and skills essential to becoming independent, contributing citizens.





SWEETSER

-  **PHONE** 1-800-434-3000 Crisis hotline: 1-888-568-1112
 **WEBSITE** www.sweetser.org
 **EMAIL** info@sweetser.org
 **SERVICES** New England Eating Disorders (NEED), Child & Family Community-based, Crisis Services, Educational Services, Family-Centered Residential Treatment, Medication Management, and Outpatient Services





UNITED WAY OF YORK COUNTY

-  **PHONE** 207-985-3359
-  **WEBSITE** www.buildcommunity.org
-  **ADDRESS** 36 Water Street, Kennebunk, ME 04043
-  **SERVICES** United Way of York County strengthens community conditions by bringing people and resources together to effect long-lasting changes that improve lives. Programs include; mental health, dental care, affordable housing, shelter assistance. Call or visit the website for more details.





UNITED WAY OF YORK COUNTY - YORK COUNTY VOLUNTEER CENTER

-  **PHONE** 207-985-3359
-  **WEBSITE** www.buildcommunity.org
-  **EMAIL** jketterick@buildcommunity.org
-  **SERVICES** Volunteer Center Activities: Day of Caring, Keep York County Warm, School Supply Drive, Service Enterprise Initiative, Volunteer Reader Project. For more information about the Volunteer Center or volunteering, please contact Jason Ketterick, Manager of Volunteer and Youth Engagement.





UNIVERSITY OF MAINE COOPERATIVE EXTENSION - YORK COUNTY

-  **PHONE** 207-324-2814
-  **WEBSITE** www.extension.umaine.edu/york/
-  **ADDRESS** 21 Bradeen Street, Suite 302 Springvale, Maine 04083
-  **SERVICES** 4-H/Youth Development, Family, Gardening, Agriculture, nutritional and food programs. See website for educational; programs available.




UNIVERSITY OF NEW ENGLAND DENTAL HYGIENE CLINIC

-  **PHONE** 207-221-4900
-  **WEBSITE** www.une.edu/wchp/dental/patient-info
-  **ADDRESS** 716 Stevens Ave, Portland, ME 04103
(On UNE's Portland Campus.)
-  **SERVICES** The dental hygiene clinic on our Portland Campus offers services to the public, functioning as both a community and teaching resource. We operate the clinic during the academic year and accept patients by appointment. Monday through Friday 8:00 AM - 4:00 PM We are open September through April. Call for fees and services.





VIOLENCE NO MORE, INC

-  **PHONE** 207-283-8574
-  **WEBSITE** www.violencenomore.org
-  **ADDRESS** 110 Saco Falls Way #425 Biddeford, ME 04005
-  **SERVICES** Counseling and domestic violence services.





VOCATIONAL REHABILITATION SERVICES - JOB PLACEMENT SERVICES

-  **PHONE** 207-283-1435
-  **ADDRESS** 638 Elm Street, Biddeford, ME 04005
-  **SERVICES** Employability assessment, job development, job coaching, job shadows, application assistance, interview preparation, and resume assistance to obtain entry-level jobs or related careers based on previous employment.





WABAN PROJECTS

-  **PHONE** 207-324-7955
-  **WEBSITE** www.waban.org
-  **ADDRESS** 5 Dunaway Drive Sanford, ME 04073
-  **SERVICES** Waban offers a comprehensive array of programs and services for children and adults with intellectual/developmental disabilities that span the life cycle.





WENTWORTH DOUGLAS HOSPITAL

-  **PHONE** 603-742-5252
-  **WEBSITE** www.wdhospital.com/wdh
-  **ADDRESS** 789 Central Avenue, Dover, NH 03820
-  **SERVICES** Provides medical, surgical, maternity, pediatrics, emergency, outpatient clinics, physician referral and social services.




WIC - (YORK COUNTY COMMUNITY ACTION CORP.)

-  **PHONE** 207-459-2942
-  **WEBSITE** www.maine.gov/dhhs/mecdc/health-equity/wic/
-  **ADDRESS** 6 Spruce Street, Sanford ME 04073
-  **SERVICES** WIC is the Special Supplemental Nutrition Program for Women, Infants, and Children. Participants learn about health and nutrition information that is important to their family. WIC offers breast-feeding support to nursing mothers.




THE WOMEN'S PROJECT

-  **PHONE** 207-523-5049
-  **WEBSITE** www.opportunityalliance.org
-  **ADDRESS** 50 Lydia Lane, South Portland, ME 04106
-  **SERVICES** Confidential program offers targeted case management over-coming barriers to substance abuse treatment and recovery; support, advocacy, information, resources, referrals to treatment, housing, and other programs; outreach groups to local treatment providers.





WOODFORD FAMILY SERVICES

-  **PHONE** 1-800-439-0314
 **WEBSITE** www.woodfords.org
 **SERVICES** Residential Services, Family Support Services, In-Home Support Services, Children's Case Management.





YANA INC.

-  **PHONE** 207-571-4917
 **ADDRESS** 826 Portland Road, Saco, ME 04072
 **SERVICES** Sober living accommodations





YMCA- NORTHERN YORK COUNTY

-  **PHONE** 207-283-0100
 **WEBSITE** www.ymcaofsouthernmaine.org/locations/branch/northern-york-county-branch/
 **ADDRESS** 3 Pomerleau Street, Biddeford, ME 04005
 **SERVICES** Provides a diversity of programs for all ages.





YMCA- SANFORD/SPRINGVALE

-  **PHONE** 207-324-4942
 **WEBSITE** www.sanfordymca.org
 **ADDRESS** 1 Emile Levasseur Drive, Sanford, ME 04073
 **SERVICES** Provides a diversity of programs for all ages.




YORK COUNTY CAREERCENTER - SPRINGVALE

-  **PHONE** 207-324-5460
 **WEBSITE** www.mainecareercenter.gov/locations/york_county.shtml
 **ADDRESS** 9 Bodwell Court, Springvale, ME 04083
 **SERVICES** Maine CareerCenters partner with several organizations to help Mainers find a better job and companies to find or train qualified employees.






YORK COUNTY COMMUNITY ACTION CORPORATION

-  **PHONE** Sanford: 207-324-5762
Biddeford: 207-283-2402
Kittery: 207-439-2699
 **WEBSITE** www.yccac.org
 **ADDRESS** 6 Spruce Street, Sanford, Maine 04073
15 York Street, Bldg 9, Biddeford, Maine 04005
120 Rogers Road Kittery, Maine 03904
 **SERVICES** Providing services and presenting opportunities to support the economic, social, educational, physical and emotional wellbeing of York County residents.





YORK COUNTY COMMUNITY ACTION CORP - HEAD START

-  **PHONE** 207-324-5762 ext 2965
-  **WEBSITE** www.yccac.org
-  **SERVICES** Head Start operates centers in Biddeford, Buxton, Kittery, Lyman, North Berwick, Saco, Sanford, and Waterboro. You can apply to Head Start if you live in or near one of these towns, and have children between the ages of 2 and 5.

YORK COUNTY SHELTER

-  **PHONE** 207-324-1137
-  **WEBSITE** www.yorkcountyshelterprograms.com
-  **EMAIL** info@ycspi.org
-  **ADDRESS** 147 Shaker Hill Road Alfred ME 04002 US
-  **SERVICES** Adult emergency shelter, Family emergency shelter, Community Outreach, Job training.

YORK HOSPITAL

-  **PHONE** 207-363-4321
-  **WEBSITE** www.yorkhospital.com
-  **ADDRESS** 3 Loving Kindness Way, York, Maine 03909
-  **SERVICES** At York Hospital, you will find a modern facility with excellent medical/surgical units, 24-hour emergency care, extensive inpatient and out-patient services and many year-round community programs

York County Law Enforcement Agencies and Fire Rescue

MAINE STATE POLICE 1-888-524-7900

SHERIFF, CHIEF DEPUTY, POLICE SERVICES AND CIVIL SERVICE

EMERGENCY: 911 DISPATCH: (207) 324-1111

NON-EMERGENCY

ACTON 207-636-3230
ALFRED 207-324-8969
ARUNDEL 207-985-2572
BERWICK 207-698-1174
BIDDEFORD 207-282-6632
BUXTON 207-929-3099
CORNISH 207-625-3355
DAYTON 207-499-2362
ELIOT 207-439-6892
HOLLIS 207-727-3623
KENNEBUNK 207-985-2102
KENNEBUNKPORT 207-967-2700
KITTERY 207-439-2262
LEBANON 207-457-3922
LIMERICK 207-793-2687
LIMINGTON 207-637-2244
LYMAN 207-499-2362
NEWFIELD 207-793-2330
NORTH BERWICK 207-676-2611
OGUNQUIT 207-646-5112
OLD ORCHARD BEACH 207-934-4911
SACO 207-282-3244
SANFORD 207-324-9160
SHAPLEIGH 207-636-2211

Criminal Justice System

York County Court House - Superior Court

45 Kennebunk Road, Alfred, ME 04002
207-324-5122

Victim Services

For information on sentencing, anticipated date of release,
place of confinement or restitution status Call: 800-968-6909

York County District Attorney

Alfred	45 Kennebunk Road, Alfred, ME 04002 207-324-8001
Biddeford	25 Adams Street, Suite 2 Biddeford, ME 04005 207-282-0466
Springvale	447 Main Street, Suite 1 Springvale, ME 04083 207-324-8214
York	11 Chase's Pond Road York, ME 03909 207-363-7434

Maine Attorney General's Office

Mailing Address	6 State House Station Augusta, ME 04333 207-626-8800
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Department of Corrections - Division of Juvenile Services

Mailing Address	111 State House Station Augusta, ME 04333 207-287-4362
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NOTES

Hotlines

Child Abuse & Neglect	1-800-452-1999
Domestic Violence	1-866-834-4357
Health insurance program	1-877-543-7669
NAMI Maine Help Line	1-800-464-5767
National Suicide Prevention Lifeline	1-800-273-8255
Poison Control Center	1-800-222-1222
Sexual Assault	1-800-871-7741
Suicide Prevention	1-888-568-1112

Helplines

Alcoholics Anonymous	1-800-737-6237
Statewide Alanon	1-800-498-1844
Narcotics Anonymous	1-800-974-0062
State Wide Crisis	1-888-568-1112



www.kidsfreetogrow.org