Resource Directory for Children and Families

Kids Free to Grow is the Child Abuse Prevention Council for York County
kidsfreetogrow.org
Mission Statement

To prevent child abuse and neglect by empowering children and families in York County.

Kids Free to Grow, is a community based non-profit organization committed to the prevention of child abuse and neglect in all forms throughout the County.
This resource manual is designed to inform those who work directly with York County families and children at risk.
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General Assistance

Temporary assistance with fuel, utilities, food, housing, non-medical necessities, and basic services essential to maintain a household.

ACTON .................................................. 207-636-3131 X401
ALFRED .................................................. 207-324-5872 X207
ARUNDEL .................................................. 207-985-4201
BERWICK .................................................. 207-698-1101 X116
BIDDEFORD .............................................. 207-284-9514
BUXTON .................................................. 207-929-5191
CORNISH .................................................. 207-625-4324
DAYTON .................................................. 207-499-7526
ELIOT ..................................................... 207-439-1813 X108
HOLLIS .................................................... 207-929-8552
KENNEBUNK ............................................. 207-985-2102 X1342
KENNEBUNKPORT ....................................... 207-967-4401
KITTERY .................................................. 207-475-1313
LEBANON .................................................. 207-457-6082
LIMERICK .................................................. 207-793-2166 X7
LIMINGTON .............................................. 207-637-2171
LYMAN ..................................................... 207-206-5183
NEWFIELD ............................................... 207-233-2595
NORTH BERWICK ......................................... 207-676-3353 X1
OGUNQUIT ............................................... 207-646-5139
OLD ORCHARD BEACH . 207-934-5714 X1537
PARSONSFIELD ........................................... 207-625-4558
SACO ....................................................... 207-282-8206
SANFORD ............................................... 207-324-9110
SHAPLEIGH ............................................... 207-636-2843 X401
SOUTH BERWICK ......................................... 207-384-3300 X112
WATERBORO ............................................ 207-247-6166 X114
WELLS .................................................... 207-361-8866
YORK ...................................................... 207-363-5504
York County Services Listing

AL-ANON/ ALATEEN

PHONE (207) 284-1844 or 800-498-1844
WEBSITE www.maineafg.org
SERVICES AL-ANON is a support program for family and friends who are affected by another's drinking. ALATEEN for younger family members and friends. Call for locations and times in your area.

ALCOHOLICS ANONYMOUS

PHONE 24/7 Hotline 1-800-737-6237 or 207-774-4335
WEBSITE www.csoaamaine.org
EMAIL cso@csoaamaine.org
ADDRESS Central office: 47 Portland St, Portland ME 04101

AMERICAN CIVIL LIBERTIES UNION OF MAINE

PHONE 207-774-5444
WEBSITE www.aclumaine.org
ADDRESS 121 Middle St, Suite 200 Portland, ME 04101
SERVICES Defends Voting rights, immigrants’ rights, reproductive freedom, freedom of speech and religion, and equality through advocacy, litigation, public education, lobbying; acceptable cases pursued by the agency almost always involve the government.

AMERICAN RED CROSS-SOUTHERN MAINE CHAPTER
REGIONAL HEADQUARTERS

PHONE 207-874-1192
WEBSITE www.redcross.org/local/maine
ADDRESS 2401 Congress St, Portland, ME 04102
SERVICES Relief to families hit hard by fire, floods, winter storms and other natural disasters. As well as safety education courses.
AUTISM SOCIETY OF MAINE

PHONE 1-800-273-5200
WEBSITE www.asmonline.org
ADDRESS 72B Main St, Winthrop, ME 04364
SERVICES The Autism Society of Maine provides education and resources to support the valued lives of individuals on the autism spectrum and their families.

AVESTA HOUSING

PHONE 207-553-7777
WEBSITE www.avestahousing.org
ADDRESS 307 Cumberland Ave. Portland, Maine 04101
SERVICES Avesta Housing improves lives and strengthens communities by promoting and providing quality affordable homes for people in need.

BIDDEFORD ADULT EDUCATION

PHONE 207-282-3883
WEBSITE biddeford.maineadulted.org
EMAIL adulted@biddefordschooldepartment.org
ADDRESS PO Box 624, 64 West St, Biddeford, ME 04005
SERVICES HiSet (GED) courses, Personal enrichment courses, and Business & Skills training.

BON APPETITE MEALS PROGRAM

PHONE 207-283-0380
ADDRESS 19 Crescent Street, Biddeford, ME 04005
SERVICES Meal program, Monday-Friday 4:30-5:30

BOY SCOUTS OF AMERICA

PHONE 207-797-5252
EMAIL scoutinfo@pinetreebsa.org

CAREER CENTER - SPRINGVALE

PHONE (207) 324-5460 or 1-800-343-0151
WEBSITE www.mainecareercenter.gov
ADDRESS 9 Bodwell Court, Springvale, ME 04083
SERVICES Maine Career Centers provide a variety of employment and training services at no charge for Maine workers and businesses.
CARELINK

PHONE 1-888-917-1100 or 207-324-0735
ADDRESS 26 Amherst Street/PO Box 1389, Sanford, ME 04073

CARING UNLIMITED - YORK COUNTY

PHONE 207-490-3227 or 24/7 hotline 800-239-7298
WEBSITE www.caring-unlimited.org
ADDRESS PO Box 590 Sanford, ME 04073
SERVICES Domestic violence support and support services for women, their children, and men.

CARLISLE ACADEMY INTEGRATIVE EQUINE THERAPY & SPORTS

PHONE 207-985-0374
WEBSITE www.carlisleacademymaine.com
EMAIL info@carlisleacademymaine.com
SERVICES Equine assisted therapy and activities

CATHOLIC CHARITIES MAINE

PHONE 207-781-8550 or 1-800-781-8550
WEBSITE www.ccmaine.org
ADDRESS P.O. Box 10660, Portland, ME 04104-6060
SERVICES Support & Recovery, Children's Case Management, Education Services for Blind & Visually Impaired Children (ESBVIC), CCM Child Development Centers

CENTER FOR GRIEVING CHILDREN-SANFORD

PHONE 207-775-5216
WEBSITE www.cgcmaine.org
ADDRESS North Parish Congregational Church,
UCC 893 Main Street Sanford, ME 04073
SERVICES For children and families who have lost someone close to them.

CHILDREN’S ADVOCACY CENTER

PHONE 207-459-2380
WEBSITE www.yorkcountymaine.gov/cac
ADDRESS 45 Kennebunk Rd. Alfred, ME 04002
SERVICES A CAC is a safe, child-friendly, and neutral space where a child is brought following concern or allegation of sexual abuse.

CDS YORK COUNTY

PHONE 207-985-7861
WEBSITE www.maine.gov/education/speced/cds
ADDRESS 39 Limerick Road Arundel, ME 04046 Services: Early intervention and special education programming in gross/fine motor skills, cognitive skills, speech & language skills, social/emotion skills, and adaptive skills.
ST. ANDRE HOME- PARENTING EDUCATION

PHONE 207-282-3351  
WEBSITE www.centerforparentingandplay.org  
ADDRESS 168 Prospect Street Biddeford, ME 04005  
SERVICES Children from birth through 6 years of age. Children's mental health services include play therapy and child-parent psychotherapy.

COMMUNITY DENTAL-BIDDEFORD

PHONE 207-282-1305  
WEBSITE www.communitydentalme.org  
ADDRESS 57 Barra Road Robert G. Dodge Business Park, Suite 3 Biddeford, ME 04005  
SERVICES General dentistry services include initial and periodic exams.

COMMUNITY PARTNERS, INC

PHONE 207-282-7113  
WEBSITE www.cpime.org  
ADDRESS 443 Main Street, PO Box 363, Biddeford, ME 04005  
SERVICES A 501(c)3 non-profit providing direct support services to adults with developmental and other intellectual disabilities. Programs provide residential, independent living, health care, personal and vocational supports. Individuals are supported residentially with a variety of housing options, ranging from supported independent living to licensed facilities in communities throughout Southern and Central Maine.

CONNECTIONS FOR KIDS

PHONE 207-854-1030  
WEBSITE www.connectionsforkids.org  
ADDRESS 100 Gannett Drive, South Portland, ME 04106  
SERVICES Day treatment, School Based, Kittery Academy, Child and Adult services.
MAINE BEHAVIORAL HEALTH CARE

PHONE 207-324-1500
ADDRESS 474 Main Street Springvale, Maine 04083
SERVICES Outpatient counseling, trauma care, case management, psychiatric care

CRISIS RESPONSE SERVICES

PHONE 1-888-568-1112
WEBSITE www.mainebehavioralhealthcare.org
ADDRESS Crisis Response Services, 2 Springbrook Dr, Biddeford ME 04005
SERVICES Serving Southern and Mid-Coast Maine with a range of emergency care 24 hours a day, seven days a week, 365 days a year. The 1-888-568-1112 Statewide Crisis Line connects you to a trained and caring professional who will ask you the reason for your call and how you are feeling.

CROSSROADS FOR WOMEN

PHONE Greater Portland Counseling Center: 877.694.9062
Kennebunk Counseling Center: 207.467.3369
Residential Intakes: 877.694.9062, ext. 120
WEBSITE www.crossroadsme.org
SERVICES Crossroads provides gender-responsive addiction and behavioral health treatment services in a safe and respectful environment so individuals and families can lead healthy lives.

CUMBERLAND LEGAL AID CLINIC

PHONE 877-780-2522
WEBSITE www.mainelaw.maine.edu/public-service/clac/
ADDRESS 246 Deering Avenue, Portland, ME 04102
SERVICES If you are seeking legal help from the Clinic, you can call us between 8:00 a.m. and 4:30 p.m., Monday through Friday, to see if we have any current openings.

DAY ONE: OUTPATIENT & PREVENTION – MAIN OFFICE

PHONE 207-874-1045 x115
WEBSITE www.day-one.org
ADDRESS 525 Main Street South Portland, ME 04106
SERVICES Day One is the only designated Center of Excellence dealing exclusively with adolescents. Services include training and education, assessment, screening, referrals, and treatment for individuals, groups, families, schools, and communities throughout Maine
DEVELOPMENTAL THERAPY PROGRAM - WABAN DAY SERVICES

PHONE 207-490-6849
WEBSITE www.waban.org
ADDRESS 779 County Club Road Sanford, ME 04073
SERVICES A year-round program with morning and afternoon sessions providing developmental therapy to children ages two and a half to five years old.

DHHS BIDDEFORD DISTRICT OFFICE

PHONE 207-286-2400
WEBSITE www.maine.gov/dhhs/OIAS/offices/biddeford.html
ADDRESS 208 Graham Street Biddeford, ME 04005
SERVICES Food stamps, TANF, medical assistance including MaineCare and Cub Care, emergency assistance, ASPIRE, child support enforcement, initial financial application for child care subsidy/vouchers, Parents as Scholars, information, and referral.

DHHS SANFORD DISTRICT OFFICE

PHONE 207-490-5400
WEBSITE www.maine.gov/dhhs/OIAS/offices/sanford.html
ADDRESS 890 Main Street Suite 208 Sanford, ME 04027
SERVICES Food stamps, TANF, medical assistance including MaineCare and Cub Care, emergency assistance, ASPIRE, child support enforcement, initial financial application for child care subsidy/vouchers, Parents as Scholars, information, and referral.

DISABILITY RIGHTS OF MAINE

PHONE 800-452-1948
WEBSITE www.drme.org/
ADDRESS 24 Stone St, Suite 204 Augusta, Maine 04330
SERVICES Disability rights of Maine promotes the equality, self determination, independence, productivity, integration, and inclusion of people with disabilities through education, strategic advocacy, and legal intervention.

EARLY HEAD START - YORK COUNTY COMMUNITY ACTION CORPORATION

PHONE 207-324-5762
WEBSITE www.yccac.org/index.php/early-head-start
ADDRESS Call or visit website for locations
SERVICES Early Head Start is a federally-funded community-based program for low-income families with infants and toddlers.
EATING DISORDER ASSOCIATION OF MAINE

PHONE (207) 781-5445
WEBSITE www.maineeatingdisorders.org
EMAIL info@maineeatingdisorders.org
ADDRESS 87 Woodlands Drive Falmouth, ME 04105

SERVICES Please note that EDAM is not a treatment provider for those with eating disorders, or a crisis response resource, and this website is not meant to replace treatment. Please use our Treatment Providers tab to connect with a therapist, dietitian, medical professional, or program.

ESTHER RESIDENCE

PHONE 207-283-0323
WEBSITE www.estherresidence.org
ADDRESS 27 Thornton Avenue Saco, Maine 04072

SERVICES Transitional living service assists in post-incarceration re-entry through sober living support, life skills, recreation, recovery work, and employment.

FAMILIES FIRST HEALTH AND SUPPORT CENTER

PHONE 603-422-8208
WEBSITE www.familiesfirstseacoast.org
ADDRESS 100 Campus Drive, Suite 12 Portsmouth, NH 03801-5892

SERVICES Families First offers high-quality health care, dental care, and parent and family programs, all in one location. Serving the Seacoast region of New Hampshire and southern Maine.

FIRST STEPS CHILDCARE

PHONE 207-490-9712 Website: www.sanford.maineadulted.org
ADDRESS 21 Bradeen St. Suite 201 Springvale, ME 04083

SERVICES First Steps provides very affordable daytime childcare services to students participating in SCAE’s high school completion and certificate programs. Children aged six weeks and up are eligible to attend.

FOOD ADDICTION CHEMICAL DEPENDENCY CONSULTANTS - BIDDEFORD

PHONE 207-229-5383
WEBSITE www.addictiontreatmentplus.com
ADDRESS 5 Alfred Street Biddeford, ME 04005

SERVICES Independent counselors treat addiction related disorders including drugs, alcohol, food, and sex; outpatient group, couples, and family mental health treatment.

FOSTER GRANDPARENT PROGRAM - THE OPPORTUNITY ALLIANCE

PHONE 207-523-5049
MAINEHOUSING HOME ASSISTANCE PROGRAMS
COMMUNITY CONCEPTS, INC.

PHONE 207-743-7716 or 800-866-5588
WEBSITE www.opportunityalliance.org/programs/community-initiatives/senior-volunteer-programs/
ADDRESS 510 Cumberland Ave. Portland, ME 04101
SERVICES Volunteers provide 1-to-1 guidance for children with learning disabilities, children requiring assistance in academic subjects, and children in need of individual attention, nurturing, and support; volunteer opportunities.

FUTURE BUILDERS SCHOOL

PHONE (207) 655-1000
WEBSITE www.futurebuildersschool.com
ADDRESS 33 Twin Pines Rd, Raymond, ME 04071
SERVICES A certified private school providing hands-on approach to teach academic, employment, and personal-social competencies in the context of real-world themes, projects, and vocational clusters. Call for more information.

G.E.A.R PARENT NETWORK

PHONE 1-800-264-9224
WEBSITE www.gearparentnetwork.org
EMAIL cseekins@crisisandcounseling.org.
ADDRESS 10 Caldwell Road Augusta, ME 04330
SERVICES A support group for parents and caregivers of children with behavioral health and emotional needs offers opportunities for parent-to-parent sharing of experiences. Call for details.

GIRL SCOUTS OF MAINE- SOUTH PORTLAND

PHONE 888-9224763
WEBSITE www.girlscoutsofmaine.org
EMAIL customercare@gsmaine.org

GOODWILL STORE AND DONATION CENTER - BIDDEFORD

PHONE 207-282-1998
WEBSITE www.goodwillnne.org
ADDRESS 5 Points Shopping Center, Biddeford, ME 04005
SERVICES Clothes, accessories, footwear, children's merchandise, home decor, household items; computers and computer components accepted to be recycled; donations accepted.
GOVERNOR BAXTER SCHOOL FOR THE DEAF
PHONE 207-781-6284
WEBSITE www.mecdhh.org/governor-baxter-school-for-the-deaf
ADDRESS 1 Mackworth Island, Falmouth, ME 04105
SERVICES Infant through high school education, community-based education, residential program; support services include speech and language therapy, occupational therapy, physical therapy, psychology, social work, audiology, and nursing services.

GREAT WORKS FAMILY PRACTICE ASSOCIATES OF YORK HOSPITAL
PHONE 207-384-9212
WEBSITE www.yorkhospital.com
ADDRESS 57 Portland Street, South Berwick, Maine 03908
SERVICES General medicine, pediatric care, adolescent care, gynecology, behavioral health.

HABITAT FOR HUMANITY YORK COUNTY HOUSING SERVICES
PHONE 207-985-4850
WEBSITE www.habitayorkcounty.org
ADDRESS 4 Industrial Drive, Kennebunk, ME 04043
SERVICES Call, email or visit website for information on how to apply and specific requirements.

HEARTS AND HORSES THERAPEUTIC RIDING CENTER
PHONE 207-929-4700
WEBSITE www.heartsnhorses.org
ADDRESS 63 Justin Merrill Road Buxton, Maine 04093
SERVICES Equine-assisted therapy

HOPE RISING - SAINT ANDRE HOME
PHONE 207-282-3351
WEBSITE www.saintandrehome.org
ADDRESS 168 Prospect St, Biddeford, ME 04005
SERVICES Residential treatment program and rehabilitative care including individual and group counseling, substance abuse treatment, Family and pregnancy counseling.

HOSPICE - YORK HOSPITAL
PHONE 207-351-2194
WEBSITE www.yorkhospital.com/services/home-care-and-hospice/
ADDRESS 127 Long Sands Rd, York, ME 03909
IMMIGRANT LEGAL ADVOCACY PROJECT

PHONE 207-780-1593
WEBSITE www.ilapmaine.org Email: info@ilapmaine.org
ADDRESS 309 Cumberland Ave, Suite 201 Portland ME 04101
SERVICES Attorney consultations and referrals, immigration clinic, full legal representation on immigration matters. Call or email for more information.

KENNEBUNKPORT PUBLIC HEALTH DEPARTMENT

PHONE 207-967-4401
WEBSITE www.kennebunkportme.gov/public-health-department
SERVICES assist the residents and guests of Kennebunkport with meeting their health and social service needs. The Public Health Department staff strives to improve the quality of life. Call or check email for services.

KIDS FREE TO GROW

PHONE 207-985-5975
WEBSITE www.kidsfreetogrow.org
ADDRESS 57 Portland Rd. Unit 4 Kennebunk, ME 04043
SERVICES Kids Free to Grow is the Child Abuse Prevention Council for York County. Kids Free to Grow offers school-based programs to educate children and professionals, and family programs offering parenting programs in a group setting.

KIDS FIRST CENTER

PHONE 207-761-2709
WEBSITE www.kidsfirstcenter.org
ADDRESS 222 Saint John St, Suite 101 Portland, ME 04102
SERVICES Provides support services to families of divorce and separation. Offers co-parenting and divorce support groups for parents and children. Call for more information.

LAWYER REFERRAL SERVICE

PHONE 800-860-1460
WEBSITE www.mainebar.org
ADDRESS P.O Box 788 Augusta, ME 04332
SERVICES Statewide assistance in finding information, resources, and an appropriate attorney; legal information

LEARNING WORKS

PHONE 207-775-0105
WEBSITE www.learningworks.me
ADDRESS 181 Brackett St, Portland, ME 04102
SERVICES Afterschool, summer program, outpatient therapy, case management, and youth education.
LITERACY VOLUNTEERS OF GREATER-SACO-BIDDEFORD AND SANFORD

PHONE 207-283-2954
SERVICES 1-on-1 tutoring in reading, writing, math, computing, life skills such as using online banking, and English for Speakers of Other Languages. Call for more information.

MAINE BEHAVIORAL HEALTHCARE

PHONE 1-844-292-0111
WEBSITE www.mainebehavioralhealthcare.org
SERVICES Our goal is to coordinate preventive, specialty, emergency, hospital, and post-hospital care to achieve the best clinical outcomes for greater efficiencies and cost savings. Our network serves the Maine counties of Cumberland, York, Knox, Lincoln, Sagadahoc, Waldo, Oxford, Androscoggin, Franklin, Kennebec, and Somerset.

MAINEHEALTH CARE AT HOME

PHONE 1-866-255-8744
WEBSITE www.mainehealth.org/homehealth

MAINE CHILDREN’S ALLIANCE

PHONE 207-623-1868
EMAIL Mainekids@mekids.org
ADDRESS 331 State Street Augusta, Maine 04330
SERVICES Inform, empower and inspire parents and providers, practitioners and organizations, and advocates and policy makers to make Maine a better place to be a kid.

MAINE CHILDREN’S CANCER PROGRAM

PHONE 207-396-7565
WEBSITE www.mainemedicalpartners.org/maine-childrens-cancer-program
ADDRESS 100 Campus Drive, Suite 107 Scarborough, ME 04074
SERVICES The Maine Children’s Cancer Program team treats all types of childhood cancers.

MAINE FAMILIES YORK COUNTY

PHONE 207-490-7852
EMAIL TJGolet@smhc.org
ADDRESS 25 June St. Sanford, Maine 04073
SERVICES Maine Families is a statewide network of community teams serving the needs of pregnant women and parents with newborns.
MAINE MEDICAL CENTER  
PHONE 207-662-0111  
WEBSITE www.mmc.org  
SERVICES See website or call for more details of medical services. Medical, surgical, maternity, pediatrics, emergency, intensive care, social services, rehabilitation and mental health services.

MAINE STATE HOUSING AUTHORITY  
PHONE 207-626-4600  
WEBSITE www.mainehousing.org  
ADDRESS 353 Water Street, Augusta ME 04330  
SERVICES Homebuyer program, home improvement and repair assistance, rental assistance, energy and heating assistance, and homeless assistance.

MERCY HOSPITAL’S- NEW ENGLAND EATING DISORDERS PROGRAM  
PHONE 207-879-3000  
WEBSITE www.mercyhospital.org/specialty-practices/new-england-eating-disorders-need-program  
SERVICES Inpatient, Partial Hospitalization, Intensive Outpatient, and Outpatient for Adolescents and Adults.

MORRISON CENTER  
PHONE 207-883-6680  
WEBSITE www.morrison-maine.org  
EMAIL info@morrison-maine.org  
ADDRESS See website for all three locations.  
SERVICES Morrison Center’s mission is to provide comprehensive program-ming, individualized supports, and employment services for people of all ages with disabilities within a dynamic learning environment to empower its consumers and students to achieve maximum personal growth and independence.

NATIONAL RUNAWAY SWITCHBOARD  
PHONE 1-800-786-2929  
WEBSITE www.1800runaway.org  
SERVICES hotline, crisis intervention

NASSON HEALTH CARE MEDICAL SERVICES  
PHONE 207-490-6900  
WEBSITE www.nassonhealthcare.org  
ADDRESS 15 Oak Street, Springvale, ME 04083  
SERVICES Medical, dental and behavioral health services.
NEW ENGLAND EATING DISORDER PROGRAM-SWEETSER

PHONE 1-800-434-3000
WEBSITE www.sweetser.org
ADDRESS 50 Moody Street Saco, ME 04072
SERVICES Physiological, psychological, social, and spiritual needs are assessed with individual treatment plans developed and implemented; range of treatment settings to best match the intensity of care required to meet patient need.

NEW VENTURES MAINE-SACO/BIDDEFORD

PHONE 207-286-1722
WEBSITE www.newventuresmaine.org
ADDRESS 4 Scamman Street, Saco, ME 04072
SERVICES Businesses, and managing money; leadership programs.

NORTHERN NEW ENGLAND POISON CENTER

PHONE 1-800-222-1222
WEBSITE www.nnepc.org
SERVICES 24-hour poison emergency and information help line, available at 1-800-222-1222, by online chat or by texting POISON to 85511.

OPEN HANDS, OPEN HEART

PHONE 207-468-1305
ADDRESS 67 Ocean Park Road, Saco, ME 04072
SERVICES Gently used clothing for children. Residents of Saco with children from birth through 11 years of age who meet Income Eligibility Guidelines.

OPERATION BLESSING, INC

PHONE 603-430-8561
WEBSITE www.operationblessingnh.org
ADDRESS 600A Lafayette Road, Portsmouth, NH 03801
SERVICES Clothing, food pantry, household items, and recreation center.

OUTRIGHT - LEWISTON/AUBURN

PHONE 207-795-4077
WEBSITE www.outrightla.org
ADDRESS 169 Pleasant Street, Auburn, ME 04210
SERVICES Weekly drop-in, information, and referral, emotional support, educational workshops, recreation.
PINETREE LEGAL - PORTLAND

PHONE 207-774-8211
WEBSITE www.ptla.org
ADDRESS 88 Federal Street, Portland, ME 04101
SERVICES Non-criminal legal assistance with housing, welfare benefits, DHHS, domestic violence, tax problems with IRS, foreclosure/predatory lending, Medicaid and access to health care, special education, consumer problems, property tax abatement for low-income homeowners, job training, and ASPIRE/Parents as Scholars; accept referrals for Maine Attorneys Saving Homes foreclosure assistance

PLANNED PARENTHOOD OF NORTHERN NEW ENGLAND

PHONE 866-476-1321
WEBSITE www.plannedparenthood.org/health-center/ME
ADDRESS 281 Main St, Biddeford or 886 Main St. Sanford
SERVICES General health care, TDap vaccines, birth control services, HIV testing and diagnosis, STD testing and treatment men's health care, emergency contraception, pregnancy testing and services, women's health care; sex education resources for teens, parents, and educators.

PREBLE STREET JOE KREISLER TEEN SHELTER

PHONE 207-775-0026
WEBSITE www.preblestreet.org
ADDRESS 38 Preble Street, Portland, ME 04101
SERVICES Housing services, Advocacy programs. Resource center, teen services, and food programs.

PORTSMOUTH NAVAL SHIPYARD SERVICES

WEBSITE www.navymwrportsmouthshipyard.com/child-youth
SERVICES Child development Center, Youth Center, and School Liaison program. See website for more details.

PORTSMOUTH REGIONAL HOSPITAL

PHONE 603-436-5110
WEBSITE www.portsmouthhospital.com
ADDRESS 333 Borthwick Ave, Portsmouth, NH 03801
SERVICES Allergy services, behavioral health, cancer care, diabetes care, emergency care, Integrative care, Intensive care, nutritional services, pediatric care, pregnancy and birth services,

RAPE CRISIS CENTER (See Sexual Assault Response Services)
REFUGEE AND IMMIGRATION SERVICES - CATHOLIC CHARITIES

Portland Office

PHONE 207-871-7437
ADDRESS 80 Sherman Street, Portland, ME 04101

Lewiston Office

PHONE 207-344-6615
ADDRESS 27 Pine Street, Lewiston, ME 04240
WEBSITE www.ccmaine.org/refugee-immigration-services
SERVICES Case management, Elder services, Employment services, Translation services, Mentoring programs, Legal services.

SACOPEE VALLEY HEALTH CENTER

PHONE 207-625-8126
WEBSITE www.svhc.org
ADDRESS 70 Main Street, Porter, Maine 04068
SERVICES Family Medical Care, Pediatrics, Osteopathic Manipulative Therapy, Integrated Primary Care, Referrals to Specialty Care. Mental Health Counseling, Psychiatry, Substance Abuse Counseling.

SALVATION ARMY - SANFORD

PHONE 207-324-3134
WEBSITE www.nne.salvationarmy.org/Sanford
ADDRESS 871 Main Street, Sanford, ME 04073
SERVICES Offers material assistance, group activities, and recreational, developmental programs.

SANFORD COMMUNITY ADULT EDUCATION

PHONE 207-490-5145
WEBSITE www.sanford.maineadulted.org
ADDRESS 21 Bradeen Street Suite 201, Springvale, ME 04083
SERVICES HiSet (GED) courses, Personal enrichment courses, and Business and Skills training.

SANFORD HOUSING AUTHORITY

PHONE 207-324-6747
WEBSITE www.sanfordhousing.org
ADDRESS 17 School Street PO Box 1008, Sanford, ME 04073
SERVICES Sanford Housing Authority serves Sanford, Springvale and the surrounding towns of Alfred, Kennebunk, Lebanon, North Berwick, Wells, Shapleigh, and Acton. The primary objective of the Sanford Housing Authority is to provide housing assistance to residents in our jurisdiction.
THE SCHOOL AT SWEETSER - SACO

PHONE   1-800-434-3000
WEBSITE  www.sweetser.org/school.php
ADDRESS  50 Moody Street, Saco, ME 04072
SERVICES The Schools at Sweetser offer an exceptional special education experience for youth, ages 5 to 20. The goal of The Schools is to help students gain the skills they need to return to a public school setting.

SEXUAL ASSAULT RESPONSE SERVICES OF SOUTHERN MAINE

PHONE   1-800-313-9900 (24 Hour Crisis & Support Line)
WEBSITE  www.sarsonline.org
ADDRESS  P.O. Box 1371 Portland, ME 04104
SERVICES Provides advocacy, support, education and prevention services to meet the needs of the Southern Maine region.

SMART CHILD & FAMILY SERVICES

WEBSITE  www.smartcfs.org
ADDRESS  15 York St. Biddeford, ME 04005
SERVICES Offers substance use recovery services, med management, children's behavioral health services

SOUTHERN MAINE HEALTH CARE

PHONE   866-436-6168
WEBSITE  www.smhc.org
ADDRESS  Locations in Biddeford, Kennebunk, Saco, Sanford, Waterboro
SERVICES SMHC provides a full array of health and emergency services.

SOUTHERN MAINE PARENT AWARENESS - A PROGRAM OF WABAN

PHONE   207-324-2337
WEBSITE  www.somepa.org
ADDRESS  5 Dunaway Drive, Sanford, Maine 04073
SERVICES Referral support and education to families who have children and youth with special needs throughout Maine.

SPRING HARBOR HOSPITAL - MAINE HEATH

PHONE   To Refer a Patient: 1-866-857-6644
For more information: 207-761-2200
WEBSITE  www.springharbor.org
ADDRESS  123 Andover Road, Westbrook, Maine 04092
SERVICES Spring Harbor Hospital offers people in mental health crisis high-quality, focused treatment on facilitating their ongoing recovery.
SPURWINK CHILD ABUSE PROGRAM

PHONE 800-260-6160
WEBSITE www.spurwink.org
ADDRESS 17 Bishop Street, Portland, ME 04103
SERVICES Offers diagnostic and treatment services for abused children and their families.

SPURWINK

PHONE 1-888-8889-3903
WEBSITE www.spurwink.org
EMAIL info@spurwink.org
SERVICES Spurwink provides behavioral health and education services for children, adults, and families.

ST. ANDRE HEALTH CARE

PHONE 207-282-5171
WEBSITE www.standre.org
ADDRESS 407 Pool Street, Biddeford, ME 04005
SERVICES For Maine families seeking a range of care, including; Rehabilitation, Short-Term Respite Care, Long-Term Nursing Care, and Hospice Care.

SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES

WEBSITE www.maine.gov/dhhs/samhs/osa/
SERVICES Whether you are someone seeking services for yourself or a loved one, an employer looking for workplace solutions, a school system looking at your community’s latest student data, or a student doing re-search for a paper, we hope you will find this web site useful and in-formative.

SUSAN CURTIS FOUNDATION (CAMP SUSAN CURTIS)

PHONE 207-774-1552
WEBSITE www.susancurtisfoundation.org
SERVICES The mission of the Susan L. Curtis Charitable Foundation and Camp Susan Curtis is to ensure that economically disadvantaged Maine youth develop the individual character, self-confidence, and skills essential to becoming independent, contributing citizens.

SWEETSER

PHONE 1-800-434-3000 Crisis hotline: 1-888-568-1112
WEBSITE www.sweetser.org
EMAIL info@sweetser.org
SERVICES New England Eating Disorders (NEED), Child & Family Community-based, Crisis Services, Educational Services, Family-Centered Residential Treatment, Medication Management, and Outpatient Services
UNITED WAY OF YORK COUNTY

PHONE 207-985-3359
WEBSITE www.buildcommunity.org
ADDRESS 36 Water Street, Kennebunk, ME 04043
SERVICES United Way of York County strengthens community conditions by bringing people and resources together to effect long-lasting changes that improve lives. Programs include; mental health, dental care, affordable housing, shelter assistance. Call or visit the website for more details.

UNITED WAY OF YORK COUNTY - YORK COUNTY VOLUNTEER CENTER

PHONE 207-985-3359
WEBSITE www.buildcommunity.org
EMAIL jketterick@buildcommunity.org
SERVICES Volunteer Center Activities: Day of Caring, Keep York County Warm, School Supply Drive, Service Enterprise Initiative, Volunteer Reader Project. For more information about the Volunteer Center or volunteering, please contact Jason Ketterick, Manager of Volunteer and Youth Engagement.

UNIVERSITY OF MAINE COOPERATIVE EXTENSION - YORK COUNTY

PHONE 207-324-2814
WEBSITE www.extension.umaine.edu/york/
ADDRESS 21 Bradeen Street, Suite 302 Springvale, Maine 04083
SERVICES 4-H/Youth Development, Family, Gardening, Agriculture, nutritional and food programs. See website for educational; programs available.

UNIVERSITY OF NEW ENGLAND DENTAL HYGIENE CLINIC

PHONE 207-221-4900
WEBSITE www.une.edu/wchp/dental/patient-info
ADDRESS 716 Stevens Ave, Portland, ME 04103 (On UNE’s Portland Campus.)
SERVICES The dental hygiene clinic on our Portland Campus offers services to the public, functioning as both a community and teaching resource. We operate the clinic during the academic year and accept patients by appointment. Monday through Friday 8:00 AM - 4:00 PM We are open September through April. Call for fees and services.

VIOLENCE NO MORE, INC

PHONE 207-283-8574
WEBSITE www.violencenomore.org
ADDRESS 110 Saco Falls Way #425 Biddeford, ME 04005
SERVICES Counseling and domestic violence services.
VOCATIONAL REHABILITATION SERVICES - JOB PLACEMENT SERVICES

PHONE: 207-283-1435
ADDRESS: 638 Elm Street, Biddeford, ME 04005
SERVICES: Employability assessment, job development, job coaching, job shadows, application assistance, interview preparation, and resume assistance to obtain entry-level jobs or related careers based on previous employment.

WABAN PROJECTS

PHONE: 207-324-7955
WEBSITE: www.waban.org
ADDRESS: 5 Dunaway Drive Sanford, ME 04073
SERVICES: Waban offers a comprehensive array of programs and services for children and adults with intellectual/developmental disabilities that span the life cycle.

WENTWORTH DOUGLAS HOSPITAL

PHONE: 603-742-5252
WEBSITE: www.wdhospital.com/wdh
ADDRESS: 789 Central Avenue, Dover, NH 03820
SERVICES: Provides medical, surgical, maternity, pediatrics, emergency, outpatient clinics, physician referral and social services.

WIC - (YORK COUNTY COMMUNITY ACTION CORP.)

PHONE: 207-459-2942
WEBSITE: www.maine.gov/dhhs/mecdc/health-equity/wic/
ADDRESS: 6 Spruce Street, Sanford ME 04073
SERVICES: WIC is the Special Supplemental Nutrition Program for Women, Infants, and Children. Participants learn about health and nutrition information that is important to their family. WIC offers breast-feeding support to nursing mothers.

THE WOMEN’S PROJECT

PHONE: 207-523-5049
WEBSITE: www.opportunityalliance.org
ADDRESS: 50 Lydia Lane, South Portland, ME 04106
SERVICES: Confidential program offers targeted case management over-coming barriers to substance abuse treatment and recovery; support, advocacy, information, resources, referrals to treatment, housing, and other programs; outreach groups to local treatment providers.
WOODFORD FAMILY SERVICES
PHONE 1-800-439-0314
WEBSITE www.woodfords.org
SERVICES Residential Services, Family Support Services, In-Home Support Services, Children's Case Management.

YANA INC.
PHONE 207-571-4917
ADDRESS 826 Portland Road, Saco, ME 04072
SERVICES Sober living accommodations

YMCA- NORTHERN YORK COUNTY
PHONE 207-283-0100
WEBSITE www.ymcaofsouthernmaine.org/locations/branch/northern-york-county-branch/
ADDRESS 3 Pomerleau Street, Biddeford, ME 04005
SERVICES Provides a diversity of programs for all ages.

YMCA- SANFORD/SPRINGVALE
PHONE 207-324-4942
WEBSITE www.sanfordymca.org
ADDRESS 1 Emile Levasseur Drive, Sanford, ME 04073
SERVICES Provides a diversity of programs for all ages.

YORK COUNTY CAREERCENTER - SPRINGVALE
PHONE 207-324-5460
WEBSITE www.mainecareercenter.gov/locations/york_county.shtml
ADDRESS 9 Bodwell Court, Springvale, ME 04083
SERVICES Maine CareerCenters partner with several organizations to help Mainers find a better job and companies to find or train qualified employees.

YORK COUNTY COMMUNITY ACTION CORPORATION
PHONE Sanford: 207-324-5762
Biddeford: 207-283-2402
Kittery: 207-439-2699
WEBSITE www.yccac.org
ADDRESS 6 Spruce Street, Sanford, Maine 04073
15 York Street, Bldg 9, Biddeford, Maine 04005
120 Rogers Road Kittery, Maine 03904
SERVICES Providing services and presenting opportunities to support the economic, social, educational, physical and emotional wellbeing of York County residents.
YORK COUNTY COMMUNITY ACTION CORP - HEAD START

PHONE 207-324-5762 ext 2965
WEBSITE www.yccac.org
SERVICES Head Start operates centers in Biddeford, Buxton, Kittery, Lyman, North Berwick, Saco, Sanford, and Waterboro. You can apply to Head Start if you live in or near one of these towns, and have children between the ages of 2 and 5.

YORK COUNTY SHELTER

PHONE 207-324-1137
WEBSITE www.yorkcountyshelterprograms.com
EMAIL info@ycspi.org
ADDRESS 147 Shaker Hill Road Alfred ME 04002 US
SERVICES Adult emergency shelter, Family emergency shelter, Community Outreach, Job training.

YORK HOSPITAL

PHONE 207-363-4321
WEBSITE www.yorkhospital.com
ADDRESS 3 Loving Kindness Way, York, Maine 03909
SERVICES At York Hospital, you will find a modern facility with excellent medical/surgical units, 24-hour emergency care, extensive inpatient and out-patient services and many year-round community programs.
York County
Law Enforcement Agencies and
Fire Rescue

MAINE STATE POLICE ......................... 1-888-524-7900

SHERIFF, CHIEF DEPUTY, POLICE SERVICES AND CIVIL SERVICE
EMERGENCY: 911 DISPATCH: (207) 324-1111

NON-EMERGENCY
ACTON ........................................... 207-636-3230
ALFRED........................................... 207-324-8969
ARUNDEL ....................................... 207-985-2572
BERWICK ....................................... 207-698-1174
BIDDEFORD .................................... 207-282-6632
BUXTON ........................................ 207-929-3099
CORNISH ....................................... 207-625-3355
DAYTON ........................................ 207-499-2362
ELIOT ............................................ 207-439-6892
HOLLIS .......................................... 207-727-3623
KENNEBUNK .................................... 207-985-2102
KENNEBUNKPORT ............................ 207-967-2700
KITTERY ........................................ 207-439-2262
LEBANON ...................................... 207-457-3922
LIMERICK ...................................... 207-793-2687
LIMINGTON .................................... 207-637-2244
LYMAN ........................................... 207-499-2362
NEWFIELD ..................................... 207-793-2330
NORTH BERWICK ............................. 207-676-2611
OGUNQUIT ..................................... 207-646-5112
OLD ORCHARD BEACH....................... 207-934-4911
SACO ............................................ 207-282-3244
SANFORD ...................................... 207-324-9160
SHAPLEIGH .................................... 207-636-2211
Criminal Justice System

York County Court House - Superior Court
45 Kennebunk Road, Alfred, ME 04002
207-324-5122

Victim Services
For information on sentencing, anticipated date of release, place of confinement or restitution status Call: 800-968-6909

York County District Attorney
Alfred 45 Kennebunk Road, Alfred, ME 04002
207-324-8001

Biddeford 25 Adams Street, Suite 2
Biddeford, ME 04005
207-282-0466

Springvale 447 Main Street, Suite 1
Springvale, ME 04083
207-324-8214

York 11 Chase's Pond Road
York, ME 03909
207-363-7434

Maine Attorney General’s Office
Mailing Address 6 State House Station
Augusta, ME 04333
207-626-8800

Department of Corrections - Division of Juvenile Services
Mailing Address 111 State House Station
Augusta, ME 04333
207-287-4362
Hotlines

Child Abuse & Neglect ..................... 1-800-452-1999
Domestic Violence ......................... 1-866-834-4357
Health insurance program ................ 1-877-543-7669
NAMI Maine Help Line ..................... 1-800-464-5767
National Suicide Prevention Lifeline .... 1-800-273-8255
Poison Control Center ..................... 1-800-222-1222
Sexual Assault ............................. 1-800-871-7741
Suicide Prevention ......................... 1-888-568-1112

Helplines

Alcoholics Anonymous .................... 1-800-737-6237
Statewide Alanon .......................... 1-800-498-1844
Narcotics Anonymous ..................... 1-800-974-0062
State Wide Crisis ......................... 1-888-568-1112